

### TIPS TO PREVENT COOKING FIRES



When using the stovetop, stay in the kitchen and watch. If you leave the kitchen, turn off the stove or set a timer.



Keep your cooking area clean, including stovetop, burners, oven, and exhaust fan.



Keep anything that can catch fire (oven mitts, wooden utensils, food packaging, and towels) away from your stovetop.



Wear clothing that will not dangle onto stove burners and catch fire.



Heat cooking oil slowly and watch it closely.

### IF YOU HAVE A FIRE

- If a fire starts in a pan, don't pick up the pan and move it;
  - Slide a lid over the pan to smother the flames
  - Turn off the burner
  - Let it cool down completely before moving it or taking off the lid
  - Never pour water on a grease fire; it can splatter the grease and spread the fire
- In the event of a fire in the oven or microwave, turn off the appliance and keep the door closed.
- When in doubt, get out! Close the door behind you when you leave to help contain the fire. Call 9-1-1 after you leave.
- If your clothes catch fire: stop, drop to the floor, cover your face with your hands and roll side to side until the fire is out.

### SMOKE ALARMS

Make sure you have working smoke alarms on every level of your home, outside each sleeping area, and in each bedroom. Remember to test them regularly.



**Cooking fires are  
the number one  
cause of home fires  
in Oregon.**

